

Strength *Speed* Endurance

Robbie Sellers crashes into the sand at the end of his long jump while Heath Hanson takes off for his triple jump.



Junior Daniel Ray warms up during athletics. He qualified for the Region I Meet in the 300m hurdles.

Kevin McGehee flies through the air preparing to land his long jump.



Zach Thomas and Heath Hanson practice relay hand-offs during afternoon practice.



Track and Field Team: back - Dalton Key, Dalton Gray, Daniel Ray, Robbie Sellers, Jason Swanson, Heath Hanson, Cody Keen, Zach Thomas and Mason Bealer; front, Adrian Galindo, Tevin Kemp, Tyler Thomas, Daniel Vallalpando, Kevin McGehee, Ernesto Mendoza, Logan Tipping and Andy Galindo

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